

HYGIENE

Follow simple steps to maintain cleanliness at home for a hygienic and healthy environment

Take off shoes off at the door

Take care of the floor

Empty dustbin regularly

Dispose rubbish according to recycling requirements

Keep the house dust free

Maintain the kitchen

Check and clean fridge/freezer and disposed expired items

Check and clean food and stains form cooker/ oven

Check and clean washer/dryer filters

Keep tea towels dry

Store food in appropriate containers

Keep living room clean and tidy

Keep bedrooms Organised

Wash clothes and bedding frequently and fresher laundry

Clean sheets regularly

Keep bathroom dry and tidy

Keep towels dry

Clean toilets regularly

Take care of bathroom hotspots

Keep gardens clear and clean

Keep air vents and ducts clean